



Oral, Facial & Implant Surgical Center of South Florida

Diplomates American Board of Oral & Maxillofacial Surgery

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INFORMATION CONCERNING ORAL SURGERY PROCEDURES

The removal of impacted wisdom teeth and other surgical procedures may be quite involved and difficult. The following conditions may occur, all of which are considered normal.

- The area operated on will usually swell
- The swollen area may become quite large
- Stiffness of the muscles may cause difficulty in opening the mouth.
- You may have a slight earache
- A sore throat may develop
- Numbness about the corners of the mouth on the side from which the tooth was removed may develop. This is called "parathesia" and is most often a temporary condition, which will usually correct itself. It may remain anywhere from a few days to a few weeks.
- Your other teeth may ache temporarily. This is called sympathetic pain and is a temporary condition.
- If the corners of the mouth are stretched, they may dry and crack. Your lips should be kept moist with a cream or ointment such as Vaseline or cold cream.
- There will be a cavity where the tooth was removed. The area should be rinsed following meals with warm salt water. This space will gradually fill in with new tissue.
- Black and blue discoloration may occur on the outside of the face near the area of surgery. This occurrence is not unusual and will resolve within several days.
- There may be a slight elevation of temperature for 24 to 48 hours. If temperature continues, notify our office.
- Sutures/stitches may be used to close the surgical wound. They will be removed at a subsequent office visit.

INFORMATION CONCERNING POST-OPERATIVE INSTRUCTIONS

PAIN

Discomfort may be experienced after the anesthetic wears off. For severe or persistent pain, take medication as prescribed by the Doctor.

DO NOT OPERATE OR DRIVE ANY MECHANICAL OR HAZARDOUS EQUIPMENT AFTER TAKING PAIN MEDICATION

BLEEDING

A small amount of bleeding is expected following a surgical procedure and may continue for several hours. If excessive bleeding occurs, do not rinse. Roll a piece of gauze or small white handkerchief into a small tight roll, fold and place directly over the bleeding site; then bite down on the gauze using pressure for thirty minutes. In case the bleeding does not stop, repeat the procedure. If the bleeding continues – please contact our office.



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SWELLING

A slight degree of swelling should cause no alarm. Swelling following extensive surgery frequently occurs, gradually disappearing over a period of three to five days. An ice bag may be applied to the face in the region of the surgery to keep swelling at a minimum. Use an ice pack on for 20 minutes, then off for 20 minutes for the first 24 hours.

FOOD

Following extractions, especially where infection is involved, drink plenty of fluids. However, a soft to regular diet may be taken depending on what is comfortable.

MOUTH RINSING AND BRUSHING

Do not rinse the mouth for 24 hours. After this time has elapsed, use a solution of 1 tsp. salt dissolved in a 8oz glass of warm water every 2-3 hours. Brushing the teeth may also be done to the uninvolved areas.

Your Post-Operative Check-Up Appointment will be:

Date _____ Time _____

**Please call our office if you have any problems or an emergency
305-667-1191**